



# Weekend Camp Kit List (Suggestions)

Your Son/Daughter will need to bring his/her own personal equipment  
**(the following list is just a guide).**

- |   |                          |  |   |
|---|--------------------------|--|---|
| <input type="checkbox"/> Full Uniform.                | <i>See Notes 1 and 3</i> | <input type="checkbox"/> Kit Bag   | <i>see Note 2</i><br><b>(Rucksack for Expedition Challenge)</b> |
| <input type="checkbox"/> Trousers ( <b>No Denim</b> ) | <i>See Note 3</i>        | <input type="checkbox"/> Sleeping Bag  | <i>See Note 3</i>   |
| <input type="checkbox"/> several T-shirts or Similar  | <i>See Note 3</i>        | <input type="checkbox"/> Carry Mat   | <i>See Note 4</i>   |
| <input type="checkbox"/> Warm Sweaters                | <i>See Note 3</i>        | <input type="checkbox"/> Waterproof Coat & Trousers  | <i>See Note 3</i>   |
| <input type="checkbox"/> Underclothes                 | <i>See Note 3</i>        | <input type="checkbox"/> Polythene Bag to Separate Clean/Dirty Items   |   |
| <input type="checkbox"/> Socks                        | <i>See Note 3</i>        | <input type="checkbox"/> Cuddly Friend   | <i>See Notes 3,4 &amp; 5</i>                                    |
| <input type="checkbox"/> <b>Hike Boots</b>            | <i>See Notes</i>         | <input type="checkbox"/> Torch and Batteries   | <i>See Note 4</i>   |
| <input type="checkbox"/> Pyjamas                      | <i>See Note 3</i>        | <input type="checkbox"/> Any medication required should be passed to the Leader in a polythene bag with your child's name on and details of instructions written on the Health Form. If your child is fully able to self-medicate, please ensure the leader is aware of any medicines carried. |   |
| <input type="checkbox"/> Small Towel to Shower        | <i>See Note 3</i>        |  |   |
| <input type="checkbox"/> Personal Wash Kit            | <i>See Notes 3 and 4</i> |  |   |

**HOT TIP - Camping during cold periods** – it is better to wear several thin layers such as vests, t-shirts, shirt underneath a sweater and then coat to allow for layering clothes, which provides better insulation. We will be active around the campsite and cannot plan for any weather so please make sure your son or daughter is dressed appropriately for the weather forecasted! Please see [BBC Weather](#)

## General Notes

1. We would ask that your Son/Daughter have their FULL uniform (Shirt and Necker).
2. Black bin bags are not suitable for bedding rolls as they tear very easily, with the result that the contents get lost or soiled in transit.
3. Please place wash proof name labels in all clothing, with your Sons/Daughters Name and Group.
4. A small pack of baby wipes will help with personal hygiene if your child does not wish to shower!
5. Please label with either indelible ink and/or engraving as appropriate, with your Sons/Daughters Name and Group.
6. **No electronics, mobile phones, games or similar items** (i.e. radio's or music players) to be brought to camp, items may be confiscated and the Group will not be accountable for any loss or damage!
7. **No penknives or toy weapons at all.** Any such items will be confiscated and the Group will not be accountable for any loss or damage

## Equipment Notes

Here is some basic information regarding some of the items you may require.

- **Sleeping Bags** - Synthetic filled bags are easier to clean than natural filling. Zips can be a source of cold if no baffle is fitted. 3 or 4 season sleeping bags are preferable at all times!
- **Footwear** - Boots give a better ankle support and normally have better soles than shoes. However if your son/daughter does not have these then any appropriate footwear for walking!
- **Warm Wear** - As mentioned above, a number of layers is warmer than one thick one and the warmth can be regulated more easily - do not forget your hands and head. So a couple of T-shirts with one sweater would be better than several sweaters!

**If you have any questions or concerns, please see you child's section Leader**